

# Eyebrow Cosmetic Tattoo Treatments

Following the below Pre-Procedural Rules is vital when commencing any cosmetic tattoo treatment. If you do not adhere to these rules, you will not receive the best possible healed results, risk implications, treatments being canceled, or additional costs incurred if you require further touch ups.



## IMPORTANT: NUMBERING INSTRUCTIONS

In accordance with QLD government regulations, clients are required to purchase and bring their own numbing cream to their appointment.

Once your treatment is booked, you will receive detailed instructions via email outlining exactly what to purchase and how to apply it prior to your appointment.

## BROW GROOMING

Your artist can only pluck on the day of your appointment, so it is suggested that if you have quite 'bushy/very thick' eyebrows to get them waxed 1 week prior to simply clean them up.

## OTHER CONSIDERATIONS

You're welcome to wear a little make-up, but please keep it minimal as the skin from your eyes up will need to be cleaned. If you'd like your artist to see how you normally pencil your brows, feel free to come with them done. If you don't usually wear make-up, that's perfectly fine too.

We suggest washing your hair on the day of your appointment to make aftercare easier. It's also helpful to have some make-up wipes on hand to freshen up afterwards and cotton tips at home for applying your aftercare cream.

Eyebrow tattooing is unique, there's no 'one template fits all.' I'll always listen to what you like & design to suit your facial structure. A style that works on an 18-year-old may not suit someone who's middle-aged & vice versa. The best cosmetic tattoo should look seamless and natural, working with your existing brow shape and hair direction, with as little maintenance as possible. - Katelan



# Preparing For Your Appointment

## 4 WEEKS PRIOR

- **NO** chemical peels or invasive facial treatments.
- **NO** Retin A/Retinol Creams (drug, topical or oral).
- **NO** Doxycycline, Tetracycline (can cause sunlight photosensitivity).

## 2 WEEKS PRIOR

- **NO** heavy sun exposure to the face - sunburn will increase blood flow & will in turn increase bleeding during your treatment which will cause the cosmetic tattoo to not retain well.
- **NO** solarium tanning.
- **NO** botox or cosmetic injectables around brows.

## 7 DAYS PRIOR

Please contact your GP before ceasing the use of any medications to discuss.

- **NO** fish oil supplements or Vitamin E.
- **NO** blood thinners (let us know if you are on any medications you are unsure about).
- **NO** facials/peels (your skin needs to be in a 'normal state').
- **NO** facial waxing or brow tinting

## 24 HOURS PRIOR

To ensure the best results, please avoid the following in the 24 hours prior to your treatment:

- **NO** Exercise
- **NO** Alcohol or drugs – these increase bleeding and will affect healed results
- **NO** Caffeine (coffee, tea, energy drinks, pre-workout stimulants) This can cause a lot more sensitivity! Aspirin, Ibuprofen or any blood-thinning medications
- Please also make sure your face is clean and free of fake tan.
- If you develop pimples or sores in the treatment area, you must notify Unique Blendz immediately. Your appointment will need to be postponed until the area has healed.

### IMPORTANT! WE DO NOT PERFORM THE TREATMENT IF;

For your safety, we do not perform cosmetic tattooing if any of the following apply:

- You are pregnant
- You are currently undergoing IVF treatment
- You have cancer or are receiving chemotherapy
- You have epilepsy
- You are taking skin medications such as Roaccutane (must stop using for a minimum of 6-18 months)
- You are taking antibiotics (please email us if you are, so we can research the medication)
- If you are breastfeeding, you will need to:

Pump & discard ("pump & dump") for 2 full cycles after the procedure, and provide a GP approval letter to bring to your appointment.

If you are on any medications or unsure whether this applies to you, please contact us before your appointment for clarification.

# Aftercare Information

At your appointment, you will receive a complimentary aftercare kit, thoughtfully curated with the essential products required to support optimal healing and long-term results for your brows.

The healing time for the Eyebrows is approximately **10 days**.

## Do's



### DAY 1:

- Gently wipe brows with a damp cotton round to remove any fluid. This will prevent you from heavy scabbing during healing process. Before bed, apply a thin layer of aftercare balm.

### DAY 2-10 :

- Apply a thin layer of Aftercare Cream to brows 3 times per day (morning, midday & night).

## Dont's



### DAY 0-10:

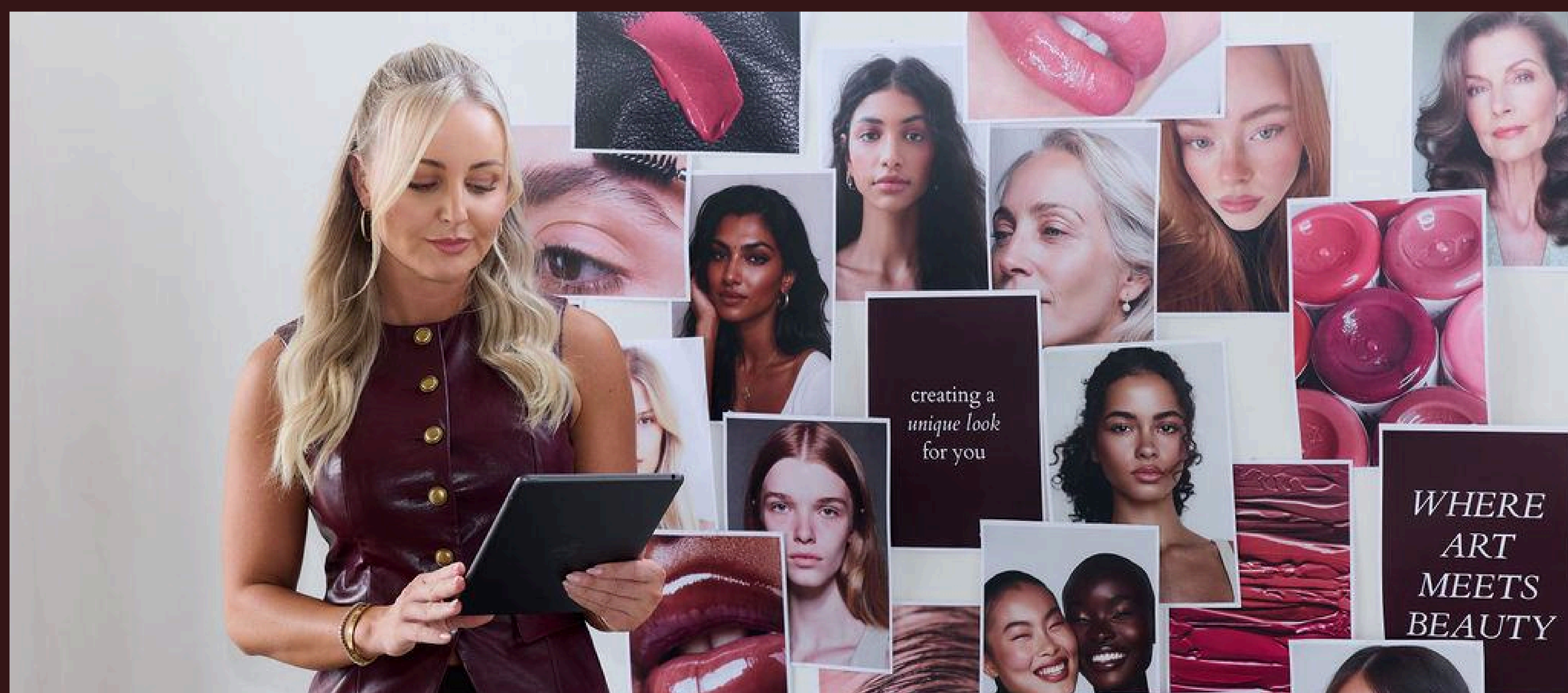
- No wetting brows, dry healing is a must. If they get wet, blot off immediately.
- No make up, lotion, face-wash, serums, shampoo etc can touch your brows.
- No sweating, therefore no exercise.
- No picking or scratching brows.
- No sleeping directly on your face - use a clean pillow case.

### DAY 0-14

- No sun baking your face & if in the sun for long periods wear a hat.
- Avoid getting any facial treatments including cosmetic injectables in the area.

## LONG TERM CARE

Do not apply active skincare directly to brows to prevent fading & apply sunscreen on them to keep the colour brighter for longer.



# Healing Emotions

## DAY 1

These brows are fierce! It is normal for them to look thicker, darker & sharper. Don't worry, they will soften over the next week by about 40%. The colour may appear a little warm, this will neutralise. They may be slightly tender & red - don't worry, you just had the procedure done, this will go away!

## DAY 2-4

OMG...they look huge and dark. Don't worry, this is because the colour has oxidised. This is temporary. Please be patient, they will settle.

## DAY 5-10

They're a little itchy & flaking now but remember don't touch, pick or scratch them! Touching will only cause loss of pigmentation. Don't panic, this is completely normal and is the most patient part of the healing process.

## DAY 10-17

I feel like my brows disappeared, what the? I finally got use to seeing dark brows now the dark top layer has gone?! Colour can look dull & quite light. This will brighten on the skin for the next 5-8 weeks until your touch up appointment.

## DAY 17-30

My brows are brightening & coming back! They have shrunk a little and look less thick & bold. At this stage you'll know what changes you want to make at your touch up. Some spots may lack colour or you may want them thicker...it's all up to you! You will experience a similar cycle after your touch up.

## TOUCH UP

Time to come back in where your brows will be assessed & any final touch ups will be treated.

For example, a darker colour & more definition, if requested. You will follow the same aftercare & then you will have your DREAM BROWS!

